

# Replacing the computer mouse

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**Abstract**—In a few months the computer mouse will be half-a-century-old. It is known to have many drawbacks, the main ones being: loss of productivity due to constant switching between keyboard and mouse, health issues such as RSI, unnatural human-computer interface like the keyboard. However the vast majority of computer users still uses a computer mouse nowadays.

In this article, we explore computer mouse alternatives. Our research shows that moving the mouse cursor can be done efficiently with the SmartNav device and mouse clicks can be emulated in many complementary ways. We believe that computer users can increase their productivity and improve their health by using these alternatives.

## I. INTRODUCTION

As defined by Wikipedia, a computer mouse is a pointing device<sup>1</sup>, i.e. a human interface device that allows a user to input spatial (continuous and multi-dimensional) data to a computer, that functions by detecting two-dimensional motion relative to its supporting surface. Physically, a mouse consists of an object held under one of the user's hands, with one or more buttons. The first mouse prototype was created in 1963 by Douglas Engelbart at the Stanford Research Institute<sup>2</sup>. We will therefore soon see celebrate its 50-year anniversary.

While computer mice are very useful, they still have important drawbacks. The first one is productivity: by constantly switching between the mouse and the keyboard, it is common sense that the computer user wastes time. For that reason, many Linux advanced users only use the keyboard and strongly rely on shortcuts. This solution is hardly accessible for Microsoft Windows users and requires some computer skills that the vast majority of computer users don't have.

The second drawback is health-related: the strain using a computer mouse puts on hands and forearms may cause repetitive stress injuries (RSI), which includes many pathological conditions such as Adhesive Capsulitis (Frozen Shoulder), Bursitis, Carpal Tunnel Syndrome, Cramp of the Hand (Writers' Cramp), Cubital Tunnel Syndrome, De Quervain's Syndrome, Dupuytren's Contracture, Epicondylitis (tennis / golfer's elbow), Ganglion Cyst, Peritendinitis, Rotator Cuff Syndrome, Tendinitis, Tenosynovitis, Trigger Finger / Thumb, and Vibration-induced White Finger. Replacing the computer mouse can have a hugely positive effect on RSI. 15-25% of all computer users worldwide (both vocational and recreational) are estimated to have RSI. A survey of 500 software

professionals at Hyderabad in 2000 revealed that over 50% had symptoms of established RSI. Billions of dollars are spent worldwide annually as a consequence of RSI [1]. See Appendix A for more information on RSI. Obviously, people with a broken, paralyzed or amputated arm may also have a hard time using a computer mouse.

Our main motivations is therefore twofold: productivity and health, which are in fact highly interdependent. We may add a third one: getting closer to natural user interfaces, which is also intertwined with the two others. See Appendix B for more information on natural user interfaces.

We do not aim at replacing the mouse as a pointing device but simply the mouse as a piece of hardware. We therefore stay in the mouse paradigm and focus on the hardware interface. The computer mouse allows two kinds of action: moving the mouse cursor and sending mouse clicks. We need to find solutions (software or hardware) to perform those two actions.

In the first section of the article we analyze solutions that enable the user to move the mouse cursor and in the second section we focus on emulating mouse clicks.

Hands-free mice are numerous:

- Camera based head tracking systems: SmartNav, Tracker Pro, FreeTrack, HeadMouse Extreme and HeadMaster,
- Mouth-operated joystick types: the TetraMouse, the QuadJoy, the Jouse2, the IntegraMouse,
- Footmice: BiLiPro, Flip Flop Mouse, Footime Foot ControlledMouse,
- Brain-computer interaction: the Emotiv EPOC neuro-headset, the NeuroSky MindSet/MindWave,
- Eye tracking.

However, some of them only allow one of the two the above-mentioned actions, i.e. moving or clicking. The point of this article is to pick up and present the best devices among this plethora of solutions.

## II. MOVING THE MOUSE CURSOR

Firstly we review quickly all the devices that allow to move the mouse cursor. Then in the second subsection we details the best solution we have found so far, namely SmartNav. We finish this section by some considerations on eye tracking.

### A. Review of all the devices

Among the camera based head tracking systems, SmartNav is the cheapest (300-400 USD). As its precision is as good as

<sup>1</sup>[http://en.wikipedia.org/wiki/Pointing\\_device](http://en.wikipedia.org/wiki/Pointing_device)

<sup>2</sup>See [http://en.wikipedia.org/wiki/Mouse\\_\(computing\)](http://en.wikipedia.org/wiki/Mouse_(computing)) for more information on computer mouse history.



Fig. 1. SmartNav's IR camera is typically positioned on the top of the screen.

the one of a computer mouse, there is no need to invest into the Tracker Pro, FreeTrack, HeadMouse Extreme or HeadMaster (over 1,000 USD).

The mouse-operated joysticks are pretty intrusive since one has to put them in the mouth, but this solution is interesting for people who can't move their head or have severe pain in the neck. The TetraMouse is the cheapest by far and seems to be at least as good as the others. However, due to budget constraints, we have not tried it personally.

Footmice and eye tracking systems are less precise than SmartNav. Footmice might cause stress on the feet or the legs.

Brain computer interaction are so far mostly useless to move the mouse cursor. Note that the Emotiv EPOC neuroheadset contains a gyroscope (=device for measuring or maintaining orientation), thanks to which the user can move the mouse cursor as precisely as a computer mouse. However, wearing the Emotiv EPOC neuroheadset is not comfortable at all: from that perspective, SmartNav is unarguably better.

### B. SmartNav

SmartNav uses an infrared (IR) camera to track head movements, as shown in Figure 1. The user reflects IR light back to the SmartNav, which sends instructions to the computer to move the mouse cursor. SmartNav tracks reflections from a tiny dot, which the user can place anywhere, typically the forehead. As a result, it only takes a few seconds to enable the device. SmartNav costs between 300 and 400 USD, which is cheap compared to many hands-free mice. It supports multiscreen configuration (tested on 5 screens, with total resolution of 5520x1848) and works on Windows and Mac OS (not Linux).

The page <http://www.naturalpoint.com/smarnav/products/about.html> gives more information, here are the main ones:

How does the technology work? Infrared light is emitted from the camera's LEDs and is reflected back to the imager by a corner cube reflector (3M safety material). This reflected light is imaged by a CMOS sensor and the video signal is passed to the preprocessing electronics. The video signal is thresholded against a reference level and all passing data is sent to the USB microcontroller to send to the PC for object tracking. In order to increase the signal to noise ratio an IR filter that passes only 800nm and above is placed between the imager lens and the outside world. The SmartNav can image any IR source; typically this is reflective material or an active IR source such as an LED. A user may track many different objects by placing reflective dots or LEDs on the object. The SmartNav has a 45 degree field of view and anything being tracked must stay in that field of view.

How are head movements tracked? The user places a tiny reflective dot on the part of the body he wants to control the cursor with. Preferred options include: Head, hand, hat, glasses, mic, boom. The user can also make his own reflective marker with NaturalPoint's tracking material.

Where does the user put the SmartNav? SmartNav mounts on top of the monitor, laptop or communication device facing the user. SmartNav can also be threaded onto a mini tripod and sit next to the computer. The device can be placed anywhere as long as it can see the reflective accessory the user have chosen to wear.

How much do the user move? Less than an inch of head movement is more than enough to move the cursor across the entire screen. This is also adjustable in the software SPEED settings. SmartNav has a 45 degree Field of View (FOV), and usually sits about 2 feet away from your head. Thus the user have almost two feet of free "head space" in which to move that simple inch.

### C. Eye tracking

Eye tracking systems could provide an interesting solution for moving the mouse in the future. Current systems are either less precise than SmartNav (e.g. ITU GazeGroup) or extremely expensive (e.g. Tobii is over 10 k€ and EyeTech is over 6 kUSD). Furthermore, they often don't support multiscreen. Theoretically they only requires a webcam, but in practice to achieve an interesting precision they may need several webcams and/or an IR camera. However, we hope that in the long-run eye tracking devices will turn out to be cheap and accurate. The latest results look promising, e.g. [2]. A nice overview of eye tracking systems can be found in [3], in which Figure 9 (reproduced in this article as Figure 7 in Appendix) lists the accuracy for many gaze estimation methods, the best are around 1 degree.

## III. EMULATING MOUSE CLICKS

There exist many ways to emulate mouse clicks. Here are the main categories:



Fig. 2. SmartNav’s dwell clicking software (free). The user needs to hover on the button corresponding to the mouse type he wants to to. No keyboard is required for any action: everything is done by moving the mouse cursor.

- Hotkeys: re-map keys from the keyboard and assign them to emulate the left, right and middle mouse buttons.
- Dwell clicking software: watch as the user moves the mouse cursor. When the cursor stops moving for a pre-determined amount of time (usually around 1 second), the dwell clicking software will initiate a mouse click. The user can have the software send left clicks, right clicks or double clicks. Figure 2 shows a dwell clicking application.
- Footswitches: allow the user to send mouse clicks by pushing a pedal.
- Speech recognition: set a few voice commands that the user can say to emulate mouse clicks.
- Facial expression recognition: maps facial expressions such as eye blink, wink or smile to mouse clicks.
- Brain-computer interaction: maps concepts to mouse clicks. When the user thinks of one concept, a mouse click is sent.

Firstly we emphasize on the complementarity of these devices: unlike moving the mouse cursor, emulating mouse clicks can be done pretty efficiently with many devices, but none of them are perfect, hence the idea to combine them to take advantage of their diversity. Then we focus on facial expression recognition.

#### A. Complementarity of the devices

Each of the solutions have pros and cons. Table I summarizes them. We personally advise one of those combinations:

- Hotkeys alone
- Dwell clicking alone
- Dwell clicking + (hotkeys and/or footswitches and/or speech recognition)

Note that while hotkeys and speech recognition are straightforward to use, there is a small learning curve for dwell clicking. Getting fully at-ease with it often requires a few days, however it is more efficient than what one might believe at the first sight. Facial expression recognition might be useful but neither very accurate nor comfortable. The same inconveniences are present in brain-computer interaction, which is even less accurate and has a much higher latency. This is bound to change in a near future though.

#### B. Facial expression recognition

Facial expression recognition or brain-computer interaction requires a headset. This might sound surprising for facial expression recognition: in fact, a webcam could theoretically suffice but the current applications on the market do not perform well enough. Developers of headsets for brain-computer



Fig. 3. The NeuroSky MindWave headset.



Fig. 4. The Emotiv EPOC neuroheadset.

interaction have noticed on their side that much noise comes from the movements of facial muscles: they subsequently added facial expression recognition features on their headsets.

The two most popular neuroheadsets, which can do both facial expression recognition and real brain-computer interaction, are: the NeuroSky MindWave headset (Figure 3) and the Emotiv EPOC neuroheadset (Figure 4).

The NeuroSky MindWave has one sensor and provides only three values: attention, meditation and eye blinking<sup>3</sup>. Only the latter is of interest to us as the first two ones are useless for

<sup>3</sup>More precisely, the NeuroSky MindWave provides eight brain waves from which the API computes attention, meditation and eye blinking.

TABLE I  
COMPARISON OF SOLUTIONS TO EMULATE MOUSE CLICKS

Solution	Pros	Cons
Hotkeys	Free, easy to use, no latency	Requires to use the keyboard, not so good for RSI (much better than mouse clicks though)
Dwell clicking	Free, easy to use, no latency, hands-free	Requires to wait $\sim 1$ second before click is sent, takes some time ( $\sim 1s$ ) to switch between mouse click types
Speech recognition	Easy to use, already integrated within Dragon NaturallySpeaking	High latency ( $\sim 1s$ ), put some strain on the voice, noisy
Facial expression	Hands-free	Quite expensive (100-300 USD), detection is not 100% accurate, headsets are not comfortable
Brain-computer interaction	Hands-free	Latency, quite expensive (100-300 USD), not accurate enough to emulate mouse clicks, headsets are not comfortable

computer interaction. As there was no application to map the eye blink to the mouse click, we wrote a program we called NeuroClick for that purpose. The source code (C) as well as the binaries can be found on <http://francky.me/software.php#Neuroclick2012>. Eye blink detection accuracy is ca. 90% accurate, due to the NeuroSky MindWave API which misses around 10% of eye blinks. If one does not want to click but needs to blink, it should not be too annoying since most of the time the mouse cursor is placed on a neutral position so it does not matter if one clicks. Furthermore, for Neurosky to maximize eye blink detection one has to blink strongly. However, as a commentor asked, "What would happen to a conventional mouse that only recognised 90% of your left clicks and has no right clicks? Your answer to that question is also the reason why the Mindwave needs a lot of further development.". In addition to that, the NeuroSky MindWave is highly uncomfortable: as shown in Figure 8 in Appendix, most NeuroSky users can't wear the headset during more than one hour in a row.

The Emotiv EPOC neuroheadset can be seen as a more advanced headset than NeuroSky MindWave: it has 14 sensors, the applications provided offer more features and mapping the eye blink to a mouse click or a key is very easy. Facial expression recognition is better and can detect more expressions than simply eye blink, such as wink and smile. However, it is three times more expensive than the NeuroSky MindWave (300 USD vs 100 USD), its sensors are wet, it is very long to place (a few minutes) and - like NeuroSky users - Emotiv users can't wear the headset during more than one hour in a row (see Figure 9 in Appendix). Note that the Emotiv EPOC neuroheadset has a gyroscope which allows the user to move the mouse cursor as precisely as SmartNav.

#### IV. GETTING RID OF THE KEYBOARD TOO

When one wants to replace the computer mouse one might also want to rethink one's use of the keyboard. We briefly present the best speech recognition software available: Dragon NaturallySpeaking. In one study of average computer users, the average rate for transcription was 33 words per minute, and 19 words per minute for composition [4]. An average

professional typist types usually in speeds of 50 to 80 words per minute<sup>4</sup>. Using speech recognition, one can easily achieve over 100 words per minute with more than 95% accuracy.

As stated in Dragon NaturallySpeaking 11 User Guide: *One reason to use Dragon is to boost your productivity. Another is to reduce the strain using a computer puts on hands, eyes, shoulders, etc. Maybe you like the idea of being able to lean back in your chair, put your feet up on the desk, and still get work done.*

This is obviously a commercial statement, but it is true. Beyond the speech recognition accuracy, one can add words to the vocabulary. Many voice commands are available, such as any shortcut (e.g. copy paste), typing a predefined text, switching windows, browsing the web, sending e-mail and launching programs. Custom commands can also be easily defined, as illustrated by Figure 11. See Appendix F for more information on Dragon NaturallySpeaking. Note that it is not available on Linux.

#### V. DISCUSSION AND CONCLUSION

By way of conclusion, to our knowledge SmartNav is currently the best solution to move the mouse cursor and dwell clicking + (hotkeys and/or footswitches and/or speech recognition) is the best solution to emulate mouse clicks. SmartNav is as efficient as a computer mouse for most computer uses (e.g. gaming or graphics editing are exceptions). In the near future we expect that eye tracking and facial expression recognition will be cheaper, even possibly free, and as accurate as a computer mouse. In a further future, brain-computer interaction is bound to become a serious competitor for both mouse cursor moving and mouse clicks.

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- Thibault Carron
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<sup>4</sup>More statistics on [http://en.wikipedia.org/wiki/Words\\_per\\_minute](http://en.wikipedia.org/wiki/Words_per_minute)



- Loïc Février
- Olivier Filipowicz
- Geoffrey Garcia
- Armand Iranpour
- Jean-Marc Labat
- Sam Neurohack
- Quora folks

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- [1] A. Clinics, "Repetitive stress injury," <http://www.ayurvedaclinics.in/Repetitive-Stress.html>.
- [2] W. Abbott and A. Faisal, "Ultra-low-cost 3d gaze estimation: an intuitive high information throughput compliment to direct brain-machine interfaces," *Journal of Neural Engineering*, vol. 9, no. 4, p. 046016, 2012.
- [3] D. Ji, "In the eye of the beholder: A survey of models for eyes and gaze," *Pattern Analysis and Machine Intelligence, IEEE Transactions on March*, 2010.
- [4] C. Karat, C. Halverson, D. Horn, and J. Karat, "Patterns of entry and correction in large vocabulary continuous speech recognition systems," in *Proceedings of the SIGCHI conference on Human factors in computing systems: the CHI is the limit*. ACM, 1999, pp. 568–575.

#### APPENDIX

##### A. Repetitive stress injuries RSI

1) What are the causes of RSI?: <http://www.ayurvedaclinics.in/Repetitive-Stress.html>:

RSI arises due to the following factors:

- Prolonged repetitive, forceful, or awkward hand movements
- Poor posture
- Static loading or holding a posture which promotes muscle tension for a long period
- Poor conditioning of the heart and lungs, and poor muscle endurance
- Direct mechanical pressure on tissues
- Cold work environment
- Poorly fitting furniture
- Basic inadequacies of keyboard, monitor and workstation design
- Work organisational and psychosocial issues

2) A brief description of what causes RSI of the hand:

Restricted blood flow is often the culprit. Lack of blood to the muscles, tendons and nerves can cause or aggravate a host of conditions, even, perhaps, arthritis. When you tense a muscle to just 50% of its ability, the blood flowing through the capillaries in the muscle can be completely shut off. Tensed muscle fibres pressure the capillaries thereby restricting the blood flow. As the muscle is continually tensed and no fresh blood is supplied, it switches from aerobic (with oxygen) to anaerobic (without oxygen) metabolism. This produces by-products such as lactic acid which can build up and cause cell damage and pain. Subsequently, the neighbouring muscles work harder to help carry the load, but because they are not designed to do the job as efficiently, those muscles fatigue (anaerobic) even faster.

Muscle tension, therefore, restricts blood flow and restricted blood flow causes more tension in other muscles. If the muscles are not allowed to relax, cellular degeneration can rapidly increase as a vicious cycle takes hold. The tensed muscles also pressure surrounding nerves which causes tingling, numbness, and more subsequent injury. In addition, the lack of blood increases the likelihood of degeneration and inflammation throughout the system and, of course, retards healing. And though the cycle may stop when you rest your hands, by the time you feel any symptoms, the damage has already started. Consequently, it will take less stress to bring on symptoms in the future.

Repeated tensing of the hand can cause the fibres of the tendons running through the carpal tunnel to separate or break. This causes friction between the tendon and its sheath (tenosynovium) and ultimately tendonitis. Tenosynovitis occurs when the sheath cannot properly lubricate the tendon it surrounds due to the repetitive hand movement and the sheath itself becomes inflamed. Tightly gripping something for too long and forceful movements can lead to problems as well. The two most common forms of RSI are Carpal Tunnel Syndrome and Tendon Injuries



Fig. 5. The evolution of computer interfaces. Command line interfaces, graphical user interfaces and natural user interfaces.

3) Useful links:

- [http://www.rsi.org.uk/pdf/ULDs\\_Overview.pdf](http://www.rsi.org.uk/pdf/ULDs_Overview.pdf)
- [http://rsi.org.uk/text\\_only/whatis/prevalence.html](http://rsi.org.uk/text_only/whatis/prevalence.html)
- [https://en.wikipedia.org/wiki/Repetitive\\_strain\\_injury](https://en.wikipedia.org/wiki/Repetitive_strain_injury)
- <http://web.mit.edu/atic/www/rsi/>
- <http://www.scriben.com/RSI/rsiadvise.html>

B. Natural User Interfaces (NUI)

1) *What are natural user interfaces:* As described by Wikipedia, a natural user interface, or NUI, loosely refers to a user interface that is (1) effectively invisible, or becomes invisible with successive learned interactions, to its users, and (2) is based on nature or natural elements (i.e. physics). Figure 5 shows the evolution of user interfaces. Many solutions we have described in his article to replace the mouse such as SmartNAV or speech recognition tend toward natural user interfaces. This is therefore an interesting field to look into when trying to replace conventional computer devices (mouse, keyboard, traditional screen, ...). For example, LeapMotion, a device that recognizes hand movements and that is announced to be released in early 2013, brands itself as natural user interface which could revolutionize the mouse: *This is like day one of the mouse. Except, no one needs an instruction manual for their hands.*<sup>5</sup> Microsoft Kinect is a motion sensing input device that can be connected to Windows PCs and reflects Microsoft’s interest in natural interfaces. Wired gloves are input devices for human-computer interaction worn like a glove. For example, the Peregrine gloves can perform over 30 unique actions by touching fingers. Even lasers can be used as naturals interfaces, as demonstrated by hacker Hector Martin<sup>6</sup>.

2) Interesting links:

- [http://en.wikipedia.org/wiki/Natural\\_user\\_interface](http://en.wikipedia.org/wiki/Natural_user_interface)
- <http://research.microsoft.com/en-us/collaboration/focus/nui/>
- <http://leapmotion.com/>
- <http://en.wikipedia.org/wiki/Kinect>
- [http://en.wikipedia.org/wiki/Wired\\_glove](http://en.wikipedia.org/wiki/Wired_glove)
- <http://theperegrine.com/>
- [http://en.wikipedia.org/wiki/Steve\\_Mann](http://en.wikipedia.org/wiki/Steve_Mann)

<sup>5</sup><http://live.leapmotion.com/about.html>

<sup>6</sup><http://marcansoft.com/blog/2010/11/openlase-open-realtime-laser-graphics/>

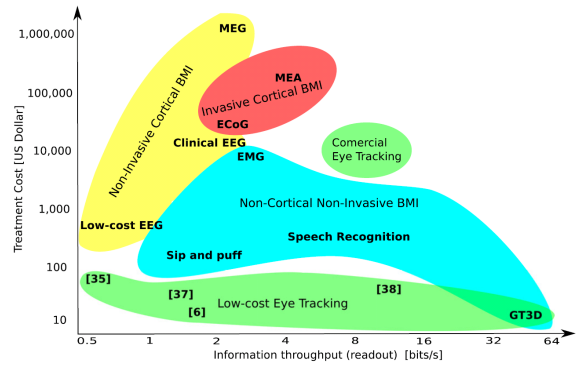


Fig. 6. Comparison of different BMI and eye tracking technologies in terms of their treatment and hardware costs (in USD) and readout performance (measured as bits/s). Source: [2]

Cameras	Lights	Gaze Info	Head pose	Calibration	Accuracy (deg)	References	Comments
1	0	PoR	—	—	2 – 4	[47], [46], [157]	web-camera
1	0	LoG/LoS	—	Fully	1 – 2	[151], [144], [145]	
1	0	LoG	≈	—	< 1	[79]	<sup>sa</sup>
1	1	PoR	—	—	1-2	[103], [156], [70]	<sup>sb</sup>
1	2	PoR	✓	Fully	1 – 3	[105], [100], [43]	
1+1	1	PoR	✓	Fully	3	[112]	Mirrors
1(+1)	4	PoR	✓	—	< 1 – 2.5	[164], [20]	
2	0	PoR	✓	—	1	[109]	<sup>sc</sup>
2+1	1	LoG	✓	—	0.7-1	[135]	pan/tilt
2+2	2	PoR	✓	Fully	0.6	[8]	Mirrors
2	2(3)	PoR	✓	Fully	< 1 – 2	[128], [127]	<sup>sd</sup>
3	2	PoR	✓	Fully	—	[139][11]	
1	1	PoR	—	—	0.5-1.5	[6], [133], [136], [160]	<sup>se</sup>

Fig. 7. Comparison of gaze estimation methods with respective prerequisites and reported accuracies. Source: [3]

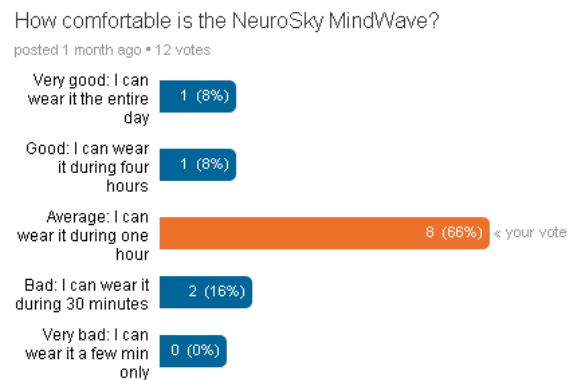


Fig. 8. Poll: "How comfortable is the NeuroSky MindWave?". Source: poll we initiated on NeuroSky LinkedIn group.

### How comfortable is the Emotiv EPOC neuroheadset?

posted 20 days ago • 6 votes

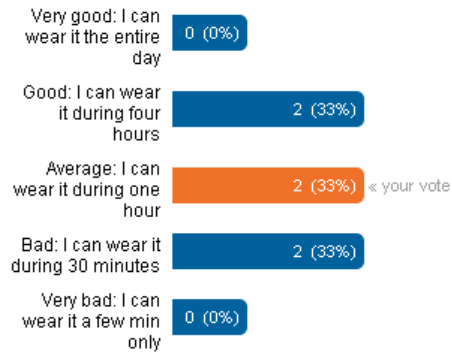


Fig. 9. Poll: "How comfortable is the Emotiv EPOC neuroheadset?". Source: poll we initiated on Emotiv LinkedIn group.



Fig. 10. Zoom on the NeuroSky and the reflective dot for SmartNav

### C. SmartNav

1) *Is SmartNav dangerous to damaged eyes?:* No. The explanation can be found on <http://forum.naturalpoint.com/forum/ubbthreads.php?ubb=showflat&Number=24894#Post24894>:

SmartNav operates by tracking reflected or emitted IR light that is imaged by a CMOS sensor. The sensor and emitters are tuned to 880nm, slightly above the visible spectrum, you can see them emit a slight glow when the room lights are off, and this is the very upper end of the red spectrum. The sensor and

IR LEDs are covered by a very special plastic that we custom designed with Bayer to block all light below 820nm, it passes all light above this point, it is called a band pass filter.

The LEDs emit at 880nm and are standard off the shelf IR LEDs; we run them all the time when the unit is turned on. There are 4 of them and they each have a total radiant output of about 23mw/sr, which is 23miliwats per ster radian. Total output power is NOT 4 X 23 mw/sr as the LEDs do not overlap exactly; they create a coverage pattern with slight overlap at the edges. Also, the LEDs do not emit a uniform brightness, they have an angle to half intensity, so the center of the overlapping LEDs is the SAME brightness as the center of each LEDs output, hope that makes sense.

Your eyes ARE sensitive to IR light, you can't see it, but your eyes will register the "power" of the light, your pupils will shrink down as if you were looking at light in the visible spectrum. Remember, we are just slightly above red in the visible spectrum. You won't feel your pupils getting smaller when our device turns on because we are a relatively low level of light for an average room condition. If you turn out all the lights in the room, put the unit about 1 foot away from your face and watch your eyes in a mirror, you will see your pupils contract, they are "seeing" the IR light.

As for the amount of power the LEDs output, it is many of times lower than simply going outside, not to mention on a bright sunny day. As I had seen posted before, we are a small fraction of the IR output from a normal incandescent light bulb. ANSI references spec ANSI Z 136.1 - 2000 for laser power emission, but we are not a laser, so in the back of the spec they reference ANSI/IESNA RP-27.1-96, which is the spec for lamp output, basically what we are and what ANSI says to use. Maximum exposure for our wavelength range, which is from 700nm to 1100nm is 10mw/cm<sup>2</sup>. To convert our power output, which is about 30mw/sr, we apply  $sr \times 1cm^2 / distance^2$ . Typical user distance is 18" or about 45cm (on the conservative side, most users are further away), so  $30mw / 2025 = .015mw/cm^2$ . Needless to say, we are on the safe side!

2) *Can SmartNav cause pain in the neck?:* Yes if SmartNav is not used correctly. Advice on how to use SmartNav without getting pain in the neck can be found on <http://forum.naturalpoint.com/forum/ubbthreads.php?ubb=showflat&Number=2619#Post2619> (preventing neck pain)

### D. Eye tracking

The democratization of eye tracking is coming soon. Here are a few links:

- [http://en.wikipedia.org/wiki/Eye\\_tracking](http://en.wikipedia.org/wiki/Eye_tracking)
- <http://www.tobii.com>: Tobii. Over 10,000 USD.
- <http://www.eyetechds.com>: Eye Tech Digital Systems. Over 6,000 USD. The screen size can be up to 76cm.
- <http://www.gazegroup.org/downloads>: ITU GazeGroup. Free and open-source.
- <http://www.cybernet.com/products/navigaze.html>: NaviGaze. Free but outdated.

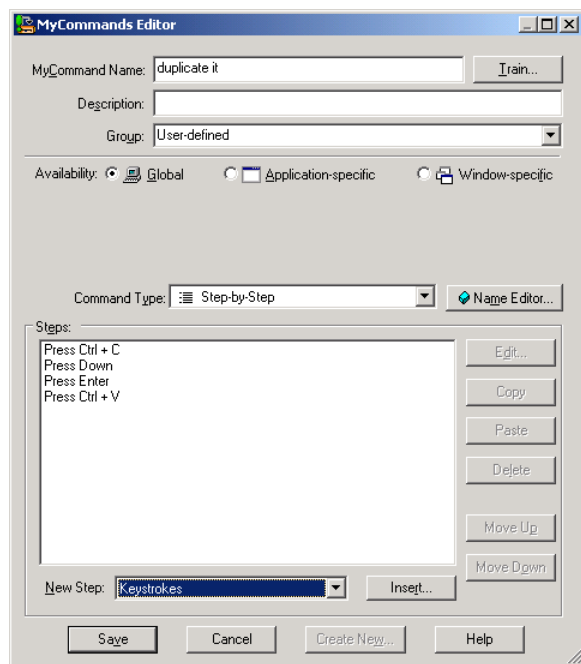


Fig. 11. Dragon NaturallySpeaking's command editor

The article [3] gives an excellent overview of the eye tracking research field. Here is the abstract: *"Despite active research and significant progress in the last 30 years, eye detection and tracking remains challenging due to the individuality of eyes, occlusion, variability in scale, location, and light conditions. Data on eye location and details of eye movements have numerous applications and are essential in face detection, biometric identification, and particular human-computer interaction tasks. This paper reviews current progress and state of the art in video-based eye detection and tracking in order to identify promising techniques as well as issues to be further addressed. We present a detailed review of recent eye models and techniques for eye detection and tracking. We also survey methods for gaze estimation and compare them based on their geometric properties and reported accuracies. This review shows that, despite their apparent simplicity, the development of a general eye detection technique involves addressing many challenges, requires further theoretical developments, and is consequently of interest to many other domains problems in computer vision and beyond."*

### E. Brain-computer interaction

Brain-computer interaction is the ultimate human-computer interaction. We are still a long way to go but brain-computer interfaces are bound to flourish one day in a not-so-far future.

1) *NeuroSky MindWave*: Eye blink detection test with the NeuroSky MindWave:

- <http://youtu.be/VoSrdnVMtz8>
- <http://youtu.be/XMmH0qPZqFc>

2) *Emotiv EPOC neuroheadset*: <http://emotiv.com/forum/forum4/topic2251/>

Can wearing the Emotiv EPOC neuroheadset all day long 7 days/week damage skin or hair in the long term?

No. The electrolyte is contact lens solution, which is hypoallergenic and includes non-irritant anti-microbial agents. The only material in contact with your skin is the polyester felt which is also rated for long term skin exposure. Some people with larger heads report some discomfort from the headband pressure after an hour or two of wear. This subsides as the headset stretches a bit but it's a consideration for sure. Most people don't get any problems The saline evaporates after a few hours - you can replenish it occasionally, or you can add some glycerin to the solvent which makes it last quite a bit longer

3) *Links*: Interesting links on brain-computer interaction:

- [http://en.wikipedia.org/wiki/Brain-computer\\_interface](http://en.wikipedia.org/wiki/Brain-computer_interface)
- [http://en.wikipedia.org/wiki/Comparison\\_of\\_consumer\\_brain%E2%80%93computer\\_interfaces](http://en.wikipedia.org/wiki/Comparison_of_consumer_brain%E2%80%93computer_interfaces)
- <http://openeeg.sourceforge.net/>

### F. Dragon NaturallySpeaking and speech recognition

The speech recognition software Dragon NaturallySpeaking (Windows/Mac OS, not Linux) offers the most accurate recognition amongst the programs for desktop computers. It has many more features than simply the speech recognition. Defining one's own commands can be extremely powerful while being accessible for everyone, as shown in figure 11. Below is a list of websites that contain useful advice on how to optimize the use of Dragon NaturallySpeaking, in addition to the Dragon NaturallySpeaking user guide:

- <http://speakeasysolutions.com>
- <http://www.pcspeak.com/hints/>
- <http://www.knowbrainer.com>
- [http://www.emicrophones.com/t-links\\_articles.aspx](http://www.emicrophones.com/t-links_articles.aspx)
- <http://speechrecsolutions.com/accuracy.htm>
- <http://www.emicrophones.com/t-keysteps.aspx>
- <http://speechempoweredcomputing.co.uk/Newsletter/?p=4>

Forums:

- <http://www.knowbrainer.com/forums/forum/index.cfm>
- <http://www.speechcomputing.com/forum>